

## Web sites for Teen Referrals

[www.mtryrapecrisis.org](http://www.mtryrapecrisis.org) Information about sexual assault, child abuse, date rape drugs and more.

[www.teenwire.com](http://www.teenwire.com) A great web site run by Planned Parenthood, where you can get all of your questions answered online regarding sex, and contraception.

[www.rape101.com](http://www.rape101.com) If you think that you might be in an abusive relationship with your boy/girl friend, this is the place to get more information about teen dating violence as well as rape and how to prevent it.

[www.teenpcar.com](http://www.teenpcar.com) A web site designed to be specifically about sexual assault and teens.

[www.teenadvice.org](http://www.teenadvice.org) Get advice on many different topics online, as well as read true stories from teens that have been abused.

[www.likeitis.org.uk](http://www.likeitis.org.uk) An interactive site on peer pressure, sex, sexuality, contraception, and more!

[www.teenvoices.com](http://www.teenvoices.com) An online and print magazine created by, for, and about teen girls.

[www.freevibe.com](http://www.freevibe.com) Get medical, emotional and social information about what specific drugs really do information about alcohol too.

[www.trendydrugs.org](http://www.trendydrugs.org) or [www.clubdrugs.org](http://www.clubdrugs.org)  
Information about rave/club drugs, including ecstasy and GHB.

[www.ncadd.org](http://www.ncadd.org)  
National Council on Alcoholism and Drug Dependence.

<http://www.al-anon.org/>  
Information about self-help groups for teenagers who care about people who have problems with alcohol.

[www.childhelpusa.org](http://www.childhelpusa.org) Information and help on child abuse.

[www.missingkids.com](http://www.missingkids.com) The place to report if you are being sexually harassed via email, also get more information about missing/abducted kids, and child abuse.

[www.aclu.org/safeschools](http://www.aclu.org/safeschools) If you're being sexually harassed at school because you are gay, lesbian, bisexual, transgendered, or questioning, this site will get you information and resources on how to get help.

[www.yellowribbon.org](http://www.yellowribbon.org) Information web site about suicide. Get immediate help if you or someone you know is thinking about suicide.

[www.anad.org](http://www.anad.org) Learn about and get support for eating disorders.

<http://www.westnet.com/~rickd/AIDS/AIDS1.html> A teen friendly web site about HIV/AIDS, prevention, symptoms, treatment, and more.



Office lines (831) 373-3955 or (831) 771- 0411  
24 hour Lines: (831) 375-HELP or (831) 424 -HELP  
[www.mtryrapecrisis.org](http://www.mtryrapecrisis.org)