

English Titles:

Physical Abuse:

Title: "Don't Hurt Me, Mama"
Author: Stanek, Muriel

Title: "Once Upon a Dragon: Stranger Safety for Kids (and dragons)"
Author: Pendziwol, Jean, Goubault, Martine.

Sexual Abuse:

Title: "Why am I afraid to tell?"
Author: Haven, Kate.

Title: "It happens to BOYS too"
Author: Jane A. W. Satullo, & Russle, Roberta

Title: "Something Must Be Wrong With Me"
Author: Doris Sanford. 1993.

Title: "Because It's My Body"
Author: Sherman, Joanne; Gurney, John. 2002

Title: "My Body is Private"
Author: Walvoord Giarard, Lind

Title: "Who Will Teach Missy the Difference Between Good Touches and Bad Touches?"
Author: West- Smith, Sandy. 2006

Title: "My body is special: a Family Book About Sexual Abuse"
Author: Geisen, Cynthia; Alley, R.W.. 2006

Title: "The Berenstain Bears learn about strangers"
Author: Stan and Jan Berenstain

Title: "No-No the Little Seal – A Story For Very Young Children that Tells About Sexual Abuse"
Author: Patterson, Sherri

Title: " I can say No"
Author: J. Seltz

Books about Safety

We know that we should talk to our children about personal safety. However, we sometimes postpone it because it is painful for us to think about abuse. We don't want to bring the negative elements of society into our children's lives. We don't want to frighten them unnecessarily. When we do bring up personal safety, it is because a news story and our fear will motivate us to talk about personal safety. We teach our children about fire safety, and traffic safety and most children are not overly frightened.

The hope of this list of suggested reading is to promote conversation between parent and child. We are hoping that after reading these books will make it easier to talk to your child about personal safety.

Through children's stories we can bring up personal safety in a stress-free way. We can talk about the stories, introduce some basic skills, assess fear levels, and reinforce our availability to our children. We can modify the stories, act out scenes, adapt them to real life situations, and create alternate endings.



Monterey (831) 373-3955
Salinas (831) 771-0411
24 Hour Crisis Lines:
Monterey: 375-HELP
Salinas: 424-HELP
www.mtryrapecrisis.org

Stranger Awareness:

Title: "Child Survival Skills: How to detect and avoid dangerous people"

Author: Hyde, Jerry; Hulse Terra. 2004.

Title: "Stranger danger!: The Reluctantly Written, But Absolutely Necessary, Book For Today's Boys and Girls"
Author: Stirnkorb, Patricia; Wolf Caludia

Title: "Who is a Stranger and What Should I do?"
Author: Walvoord Giarard, Lind

Title: Lon Po Po. (The Chinese Little Red Riding Hood)
Author: E. Young

Bullying

Title: "Bye Bye Bully".
Author: Brown, Mark.

Title: "Why is Everybody Always Picking on Me? A Guide to Handling Bullies"
Author: Webster-Doyle, Terrence

General safety:

Title: "Swimmy Don't Let Fear Overwhelm You"
Author: Lionni. E.

For Older Kids or Adults:

Title: "Strong, & Streetwise. Sexual Safety at Home on the Street, On Dates, On The Job, At parties, & More"
Author: Benedict, Helen

Title: 'How To Talk So Kids Will Listen and How To Listen So Kids Will Talk'
Author: Adele Faber and Elaine Mazlish

Bi-lingual Titles:

English Title: "I Like You To Make Jokes With Me, But I Don't Want You To Touch Me"
Author: Lemieux, Margo and Salago, Mara Antonia

Spanish Title: "Me gusta que me bromees conmigo, pero no quiero que me toques"
Escritor: Lemieux, Margo and Salago, Mara Antonia

Spanish Titles:

Titulo: "Cuentame tus Secretos"
Escritor: Lentte, Robin; Barthelme, Dana; Crane Bob, and others"

Titulo: "No Mas Secretos: Como proteger a su hijo de un ataque sexual"
Escritor: Adams, Caren,

Titulo: "Di que no: proteja a sus hijos"
Escritor: Lente, Robin; Fay, Jennifer. 1990.

Videos:

"Stranger Safety" –John Walsh & Julia Clark. High energy video about staying safe.

"Home Alone" Malcom Jamal Warner.
A Video just for latch Key kids. Helps children learn what to do when they are home alone.

"The Berenstain Bears Learn about Strangers"
by Jan and Stan Berenstain. One of our favorite videos. Has a sensible way of understanding what a stranger is.

Hints:

To do a Library card catalogue search use key words: "child safety", "parenting", "safety"

