

TEACHER SUGGESTION TECHNIQUES- THIRD GRADE

1. Make a list of those TRUSTED ADULTS in your life. Have the student's think of adults in their lives that they feel they can trust and talk to. Get into pairs and have student's role play practice telling a trusted adult about a possible problem.
2. Answering the Door/Phone - Have student's role play responding to a knock on the door or a phone call. Vary the situations to reflect when a parent is home and when a parent is out of the home. (Children at home alone should not answer the door).
3. Safety Collage – Art Project – Have student's use magazines, photos and drawings or bring things from home that reflect ways in which they are safe at home, school, and the community.
4. Review the different types of touch and have students contribute to a class discussion about the different types of touch and practice setting appropriate boundaries. (Good touch: hand on the shoulder, pat on the back & hugs. Bad touch: hitting, punching & pushing. Unwanted touch: emphasizing that it is okay to say “No” to any kind of touch. Confusing touch: those touches that make us feel uncomfortable.
5. Role play on how to be Assertive – Have students act out different situations that they encounter in their everyday lives, and practice being assertive.
 - a. Step 1 – Stand Tall,
 - b. Step 2 – Look in the eyes,
 - c. Step 3 – Use a strong voice.



Office lines (831) 373-3955 or (831) 771- 0411
24 hour Lines: (831) 375-HELP or (831) 424 -HELP
www.mtryrapecrisis.org